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TITLE

: COMPOSITION HAVING SERUM LIPID-IMPROVING FUNCTION

ABSTRACT: PURPOSE: To provide the subject composition containing squalene, a fish oil and vitamin E as essential components capable of being ingested as a food or as a component for other foods, exhibiting a blood lipid-improving effect within a short period, and having no adverse action.

> CONSTITUTION: The composition contains (A) squalene. (B) a fish oil preferably containing eicosapentaenoic acid and docosahexaenoic acid in large amounts, especially ≥20wt.% and ≥10wt.%, respectively, and (C) vitamin E as essential components. preferably further (D) soybean lecithin and (E) a vegetable oil preferably containing linoleic acid and  $\gamma$ -linolenic acid in large amounts, especially ≥50wt.% and ≥7wt.%, respectively, preferably in a ratio comprising A=30-85wt.%, B, D, E=5-50wt.%. respectively, and C=0.1-10wt.%. The composition has a thrombogenesis-preventing action and a thrombosis-treating activity which are useful for preventing and treating cerebral thrombosis and cardiac infarction.

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